



PRIMARY PACKAGE

Delivery days - 6 days a week (Monday to Saturday)

Meals - Lunch and Dinner

Contains - Balanced healthy meals only

Total days - 24 days

Price 1,152 AED

ADVANCE PACKAGE

Delivery days - 6 days a week (Monday to Saturday)

Meals - Breakfast, Lunch and Dinner

Contains - Balanced healthy meal + Sides + Snacks

Total days - 24 days

Price 1,512 AED



ADD ON (PER MEAL)

Chicken or Fish (100g) - 6 AED

Beef (100g) - 7 AED

Egg - 2 AED

Veggies (100g) - 4 AED

Healthy Fats - $\frac{7 - 12g}{30 - 40\%}$





